

# Annual Conference for Aging and Disability Resource Networks

# WORKING TOGETHER Connect. Communicate. Collaborate.

November 9-10, 2016 | Hilton Easton | Columbus, Ohio

# **CONFERENCE AT A GLANCE**

#### Wednesday, November 9, 2016

7:30a - 5:00p	Registration
8:00a - 10:00a	Continental Breakfast
9:00a -11:00a	Pre-Conference Intensives
11:30a - 1:00p	Opening Luncheon and General Session
1:00p - 1:30p	<b>Break</b>
1:30p - 3:00p	Concurrent Workshops I
3:00p - 3:30p	<b>Break</b>
3:00p - 3:30p	Break
3:30p - 5:00p	Concurrent Workshops II

#### Thursday, November 10, 2016

8:00a - 10:00a	Breakfast and General Session
10:00a - 10:30a	Break
10:30a - 12:00p	Concurrent Workshops III
12:00p - 12:30p	Break
12:30p - 3:00p	Closing Luncheon and General Session

# **HOTEL INFORMATION**

Back by popular demand, this year's Conference on Aging takes place at the HILTON COLUMBUS AT EASTON in Columbus, Ohio. This beautiful hotel offers an exciting setting and is a convenient location for travelers.

Rooms are being held for our group until the cut-off date of **October 21, 2016**. To register at the special conference rate (\$162.00 + tax), please indicate to the hotel that you are attending the Ohio Association of Area Agencies on Aging Conference (o4a).

To make your guest room reservation, call 614-414-5000 between the hours of 8:00a-5:00p and ask for **in-house reservations**.

Check-in time is 4:00 p.m. and check-out time is 12:00 p.m. Parking is FREE.

Hilton Columbus at Easton 3900 Chagrin Drive Columbus, OH 43219

614-414-5000

http://www3.hilton.com/en/hotels/ohio/hilton-columbus-at-easton-CMHCHHF/index.html

# WELCOME ...

To The Ohio Association of Area Agencies on Aging (o4a) Annual Conference for Aging and Disability Resource Networks (ADRN). Ohio's demographic changes along with the nation's require new ways of addressing long-term services and supports for today and the future. Ohio is currently experiencing an unprecedented growth in the older population-especially age 80 plus. More older, middle-aged, and younger Ohioans are less healthy than previous generations, which means an even greater increase in Ohioans who will require long-term services and supports (LTSS). Most people are not prepared for long-term disability so it is important to learn how to prepare individually, locally and with state and federal policy. Continuing to improve prevention efforts and the practice and delivery of LTSS to meet the demand is vital. Ohio's aging and disability networks are part of the solution!

Each year this conference provides an opportunity for aging and disability professionals to learn cutting edge information on policy, research, and clinical practice. The conference also brings professionals from Ohio's Area Agencies on Aging, providers, board members, local aging organizations, others to learn and share together. The conference will start with the framework of public perceptions of older adults and how society can best integrate their needs and contributions. The sessions then address individual and collective best practices for improving our responses to our ever-changing population.

Advocacy. Action. Answers on Aging

We welcome your participation in this opportunity for learning and networking and look forward to many more years of exploration together.

p.s. While here do a little early holiday shopping at central Ohio's premier shopping mall, Easton!

Jacqi Bradley, President

Larke Recchie, CEO

# **CEU INFORMATION**

#### There is a \$25 processing fee for CEUs.

#### November 9—10

- 7.0hrs This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **7.0** continuing education contact hours.
- 7.0hrs This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **7.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

RNs & LPNs: "The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education."

# **Optional CEUs**

Pre-Conference Intensives, November 9 (Additional \$50)

- 2.0hrs This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **2.0** continuing education contact hours.
- 2.0hrs This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **2.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

RNs & LPNs: "The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education."

# Wednesday, November 9, 2016

# **Optional Concurrent Pre-Conference Intensives**

# 9:00a – 11:00a

#### A. Talking About Suicide: Counseling on Access to Lethal Means

Older adults make up 12% of the US population, but account for 18% of all suicide deaths. Access to lethal means can determine whether a person who is suicidal lives or dies. Learn the warning signs of depression and suicide and learn techniques to reduce access to firearms and other means.

Natalie Pope, Assistant Professor, College of Social Work, University of Kentucky Karen Slovak, Associate Professor, College of Social Work, Malone University

#### B. Housing Law 101: ADA, Landlord, Tenant and Subsidized Housing Basics

Access to affordable housing is a significant problem among older adults. An AARP survey indicated that 88% of older adults wish to stay in their own homes as they age. This session will focus on what rights older adults have in housing situations with the help of legal experts in the field. The Americans with Disabilities Act's accessibility provisions, fair housing law, and Ohio's Landlord Tenant Law are protections that can in some cases make the difference between being able to stay at home or ending up in a nursing facility or homeless.

Melissa Benson, Legal Aid Society of Columbus Joe Maskovyak, Coalition on Homelessness and Housing in Ohio David Scott, Disability Rights Ohio

#### C. Medicaid Fraud 101

This session will focus on Medicaid fraud among providers, common schemes, and the roles of Ohio's Medicaid Fraud Unit in the Office of Attorney General and the State Auditor's Office in investigating and pursuing Medicaid fraud.

Lloyd Early, Office of Ohio Attorney General Kristi Erlewine, Ohio Auditor of State Office

# Opening Luncheon and General Session

11:30a – 1:00p

#### Framing the Narrative: Shifting Public Discourse About Other Adults

The FrameWorks Institute designs, conducts, and publishes multi-method, multi-disciplinary communications research to empirically identify the most effective ways of reframing social and scientific topics. This research, conducted by the FrameWorks Institute, is part of a larger, multi-method collaborative project sponsored by the Leaders of Aging Organizations, a group administered by Grantmakers in Aging that includes AARP, the American Federation for Aging Research, the American Geriatrics Society, the American Society on Aging, the Gerontological Society of America, the National Council on Aging, the National Hispanic Council Ong Aging and the National Association of Area Agencies on Aging. The collaboration seeks to develop a new, evidence-based narrative about the process of aging, and the roles and contributions of older adults in American society.

Anna Marie Trester, FrameWorks Institute

# Wednesday, November 9, 2016

**Concurrent Workshops I** 

# 1:30p – 3:00p

# 1. Ethical Principles and Values - Part 1

Ethics has been defined in many different ways, and it offers guidelines to help define "right from wrong". Yet there are very few hard and fast rules in ethics, because each situation is a little bit different and has unique circumstances. Participants will look at some definitions of ethics, and consider various values and principles of ethics. They will wrestle with a few case scenarios, apply these values and principles, and think about what circumstances in a scenario would require a different course of action.

Thomas O'Reilly, MS, PCC-S, Lakeshore Educational & Counseling Services

# 2. Breaking Down Transportation Barriers for Seniors and Persons with Disabilities

Transportation is a critical issue for people needing long-term services and supports. Strategic grassroots coalition building and local initiatives can impact transportation practice and policy. This session will provide information about two local/regional approaches to coordinating and making transportation more efficient and accessible. Participants will also hear about current state initiatives to make transportation more accessible for transportation disadvantaged populations.

Chuck Dyer, Ohio Department of Transportation Katherine Foley, Director of Advocacy, Services for Independent Living Erica Petrie, Area Agency on Aging 3

# 3. Health Services Advisory Group (HSAG): The Quality Improvement Network Role in Ohio

The Center for Medicare and Medicaid Services (CMS) created Quality Improvement Networks (QIN) across the country. Health Services Advisory Group (HSAG) is Ohio's QIN and has many functions. This session will provide information about their key initiatives. In addition, participants will learn how the Ohio Department of Medicaid uses HSAG to evaluate key programs including Ohio's Medicaid Managed Care Companies.

John Barley, Chief of Bureau of Health Research and Quality Improvement, Ohio Department of Medicaid Bonnie Hollopeter, Diabetes Care Task Lead, Health Services Advisory Group Rosalie McGinnis, Quality Improvement Project Lead, Health Services Advisory Group

# 4. The Nuts and Bolts of Consumer Direction

This workshop will provide participants with information about the Consumer Direction option in the PASSPORT waiver program. Consumer direction is described as putting the consumer "in the driver's seat," but what does it take to make that happen? How do individuals participate? What options do they have? What supports are available to them? How do they choose a provider? What does it take for providers to be certified? This workshop will give participants an overview of the program and the process for consumers and providers.

*Mindy Sadler, Ohio Department of Aging Becky Simon, Area Agency on Aging District 7 Rick Zwelling, Morning Sun* 

# Wednesday, November 9, 2016

**Concurrent Workshops II** 

3:30p – 5:00p

## 5. Ethical Principles and Values - Part 2

Ethics has been defined in many different ways, and it offers guidelines to help define "right from wrong". Yet there are very few hard and fast rules in ethics, because each situation is a little bit different and has unique circumstances. Participants will look at some definitions of ethics, and consider various values and principles of ethics. They will wrestle with a few case scenarios, apply these values and principles, and think about what circumstances in a scenario would require a different course of action.

Thomas O'Reilly, MS, PCC-S, Lakeshore Educational & Counseling Services

### 6. Dementia Care Approaches and Smoothing Transitions in Care

The changing demographics of Ohio mean more people will be living longer and the 85+ age group will be the fastest growing segment of our population. This shift in demographics means even more people with dementia will need care and communication approaches to help them and their caregivers to adapt to the progression of dementia. Renowned expert Melanie Bunn will explain the GEMS model and how it helps participants see more than loss in the care of people with dementia.

#### Melanie Bunn, Bunn Consulting

## 7. Combat Veteran Competency

Adopt a new cultural perspective on returning combat Veterans. This presentation will demonstrate an enhanced awareness of the unique needs of returning service personnel, with discussion of the evolving justice system in response to the treatment needs of Veterans. Learn about symptoms/treatment of Post-Traumatic Stress Disorder (PTSD), and evaluation/management of Traumatic Brain Injury (TBI).

Deborah Crabtree, Transition and Care Management Program Manager, VA Medical Center Patricia Hamilton, Transition Patient Advocate, Veteran's Health Administration

#### 8. Ohio Medicaid Updates

The Ohio Department of Medicaid along with its sister agencies has developed several new innovations over the last six years. This workshop will provide the latest information and updates on initiatives including Ohio Benefits, Ohio Benefits Long-Term Care (Balancing Incentive Program), HOME Choice, and the Medicaid waiver programs and reimbursement. Learn about the status of these and other important initiatives and the goals of the programs.

Kimberly Donica, Bureau Chief for Long-Term Care Services & Supports, Ohio Department of Medicaid

# Thursday, November 10, 2016

# **Breakfast and General Session**

## 8:00a – 10:00a

## What's New About Dementia: Updates on Research

Renowned dementia care expert Melanie Bunn will discuss new knowledge in differential diagnosis, and risk reduction of dementia and provide updates in communication and approach strategies. She will identify future areas of research and development of approaches that will help inform the work of professionals in the field of aging and disability.

Melanie Bunn, Bunn Consulting

## **Concurrent Workshops III**

10:30a – 12:00p

## 9. Nursing Law: Legal and Professional Influences on Nursing Practice

With the continuing challenges and changes in health care, it is important that nurses and dialysis technicians stay current with the law regulating their practice. Scope of practice, delegation and discipline are also reviewed.

Carol Roe, JD, MSN, RN

This activity has been submitted to the Ohio Nurses Association for approval to award one (1) contact hour. The Ohio Nurses Association (OBN-001-91) is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## 10: Ohio's Vision: Connecting the Dots

Prevent Blindness Ohio is an excellent resource for professionals and all Ohioans. Participants will learn about the prevalence of aging eye diseases impacting Ohioans including what they are, how they develop and progress, and the appropriate treatments as well as learn about the educational resources that are available on eye health and safety. Professional staff from the Opportunities for Ohioans with Disabilities Bureau of Services for the Visually Impaired will describe low vision and the other services available.

Stephanie Koscher, Director of Marketing and Community Services, Prevent Blindness Ohio Elizabeth Sammons, Program Administrator, Opportunities for Ohioans with Disabilities

## 11. Exercise is Medicine: Writing the Prescription

This session will provide an overview of designing/prescribing a physical activity and exercise program for aerobic cardiovascular conditioning, as well as muscular conditioning. The cardiovascular and muscular conditioning can positively influence several health markers. Learn how exercise can function as a medicinal agent.

Dr. Steven Devor, Associate Professor, Kinesiology and Sport & Exercise Sciences, The Ohio State University

## 12. Building Community

This session will be an interactive and deeper look at strategies and actions for building inclusive communities. An inclusive community does everything that it can to respect all its citizens, gives them full access to resources, promotes equal treatment and opportunity, works to eliminate all forms of discrimination, engages all its citizens in decision-making processes that affect their lives, and values diversity. The four (4) key steps of building social capital will be explored and examined, and participants will have the opportunity to develop a blueprint for action.

# Thursday, November 10, 2016

# **Closing Lunch and General Session**

12:30p – 3:00p

# The Power and Potency of Social Capital

All of us are interested in a better community where all people have an opportunity for accessible and affordable homes, jobs or meaningful daytime opportunities and lifestyles of their choice. In spite of our many year of work on this goal, the outcomes in this area are still not satisfactory for people who are vulnerable due to aging, disability or other compromises. Many of these vulnerable people find themselves in isolated situations with limited options for friendships and important social relationships. The presentation takes a close look at the reasons why our systems have not been more successful in these goals, defines and delineates the concept of social capital, and offers a community building perspective designed to shift the culture to be more inclusive and supportive to all people.

Al Condeluci, CEO, Community Living and Support Services (CLASS)

# **Register online TODAY ... space is limited!**

http://o4a.formstack.com/forms/2016\_o4a\_annual\_conference\_registration\_\_copy

# Registration Deadline is Sunday, October 30th

Registration fees are: Standard registration fee is \$250 (optional) Pre Conference Intensive fee is \$50 (optional) CEUs are \$25

No refund request will be accepted or honored after October 26, 2016, regardless of the reason for the cancellation. Registrations may be transferred in full to another individual you designate to attend the conference in your place if you are unable to attend and are unable to cancel your registration prior to the cancellation deadline.

Questions? Email rose@ohioaging.org