

July 31, 2017

Contact: Ann Finnicum  
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## **NOTICE OF PUBLIC HEARING**

**Wednesday, August 23, 2017  
10:00 am**

**Spring Meade Activity Center**  
(large white house in front of the nursing home)  
**Spring Meade Health Center**  
**4385 South County Road 25-A**  
**Tipp City, Ohio 45371**

The Area Agency on Aging, PSA 2 is holding a public hearing for its application for a direct service waiver from the Ohio Department of Aging **for provision of the following two services** in FY 2018 for the PSA 2 nine-county area of Champaign, Clark, Darke, Greene, Logan, Miami, Montgomery, Preble, and Shelby:

- **Nutrition Education** - A program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information and instruction to participants or participants and caregivers. The AAA RD/LD develops the nutrition education materials and evaluation tools for all Title III home delivered meal providers, and upon provider request develops Title III congregate nutrition education materials and evaluation tools and provides train-the-trainer sessions for the nutrition presentations. The AAA RD/LD may also develop Title III C1/C2 menus for special events and holiday meals upon request from the meal provider. The planned funding level for these service activities performed by the RD/LD is \$3,976 Title III Older Americans Act dollars.
- **Evidence-based health education services for the nine county area.** The Agency is proposing continued growth of the Healthy U program, developing new partnerships throughout the region and offering workshops in all nine counties. Active leaders will be cross-trained in the chronic pain self-management program and new leaders will be recruited and trained as needed. Program fidelity will be monitored. Community outreach will continue. Workshops will be planned no less than two months in advance to ensure good distribution regionally and throughout the year, allowing adequate time for promotion and development of referral sources. The planned funding is \$99,700 from Older Americans Act and Senior Community Services dollars.

The Area Agency's rationale for direct provision of these services is that the Area Agency can provide these services more efficiently and effectively.

**Questions are to be directed to Ann Finnicum, Wellness and Communications Manager for the Area Agency on Aging, PSA2 at (937) 341-3020 or 1-800-258-7277.**