



FOCUS on Aging

News & Updates

Agency Celebrates Silver Anniversary in 2018

The Area Agency on Aging, PSA 2 celebrates a milestone anniversary in 2018: 25 years as an independent agency serving the needs of seniors and caregivers in our nine-county region. Interpreting and embracing change in society and services, the Agency exists to positively impact thousands of individual lives. Changes this past quarter century have resulted in more services, more staff, and more seniors and caregivers receiving help, guidance, and invaluable support.

[Read more...](#)



PSA 2 Bid Process for 2019-2022 Service Contracts Begins

The Area Agency on Aging, PSA 2, initiates a competitive bid process for services to be funded by the Older Americans Act (OAA) and Senior Community Services (SCS) funding in our nine-county area. A draft of planned services for 2019-2022 will be posted for public comment from February 5 through March 5 under "[News](#)" on the Agency website. The Agency will review comments and finalize the planned services this spring for the bidding process.

Organizations interested in bidding on service contracts must respond to a Request for Letters of Intent that will be announced on May 31, 2018. Contact for the Agency's bidding process is Jeanne Mbagwu, (937) 341-3019, 800-258-7277, or jmbagwu@info4seniors.org.

Ombudsman Seeking Long-Term Care Volunteers

The long-term care Ombudsman office advocates for individuals who reside in nursing homes and assisted living facilities in Champaign, Clark, Darke, Greene, Logan, Miami, Montgomery, Preble, and Shelby counties. There are currently more than 170 such facilities and the Ombudsman office could not possibly serve the needs of these citizens without help from its volunteers. Suffice it to say, the Long-Term Care Ombudsman Program is in need of volunteers to advocate for residents in these

Advisory Council Accepting Applications

Help local seniors by representing the county where you live or work on the Area Agency on Aging Advisory Council. Openings are available for Champaign, Darke, Greene, Logan, and Miami counties beginning April 2018.

The Advisory Council advises the Board of Trustees regarding administration of federal and state funds for services to people age 60 and older, and other issues impacting older adults and their caregivers.

long-term care facilities.
[Read more...](#)

More information is available under the Agency website's "[News.](#)"

Accepting Senior Citizen Award Nominations - County & State

Outstanding Senior Citizen - by County

Do you know an older adult who goes above and beyond in your county? Show your appreciation by nominating them for a 2018 Outstanding Senior Citizen Award. Service in any field of endeavor should be considered. Nominations for each of our nine counties (Champaign, Clark, Darke, Greene, Logan, Miami, Montgomery, Preble, and Shelby) are accepted through **March 30**. Awards are presented in all counties at May Senior Day events.

[Print an application form here...](#)

Ohio Senior Citizens Hall of Fame

The Ohio Department of Aging annually honors outstanding older Ohioans with induction into the Ohio Senior Citizens Hall of Fame. The event honors lifetimes of excellence, ingenuity and compassion; honoring current or long-time Ohio residents age 60 and older who have made and continue to make a lasting impact on their professions, their vocations or their communities. Deadline for nominations is **February 5**.

[Read more...](#)

Laubert is New ODA Interim Director

Beverley L. Laubert was named Interim Director for the Ohio Department of Aging in December.

Laubert has worked for the Department of Aging for more than 20 years as the state's Long-Term Care Ombudsman. Stephanie Loucka stepped down as director at the end of 2017.

Laubert holds a bachelor's degree in Gerontology from Kent State University, and a master's degree in public policy and management from The Ohio State University. Her full biography is available on the [ODA website](#).



Montgomery County Levy Passes in November

The Agency thanks the voters of Montgomery County for voting to renew the Human Services Levy (Issue 3) on November 7 by an overwhelming margin.



One of the many services this levy provides is support for the Agency's ComCare program that helps senior citizens who are ineligible for the PASSPORT program to receive services to help them age safely at home. ComCare assists more than 1,200 seniors in the community.

Thank you for your support.

Advisory Council & Trustees 2018 Meeting Schedule

The 2018 meetings of the Area Agency on Aging, PSA 2 Advisory Council and Board of Trustees are scheduled for the fourth Wednesdays of January through October. The final 2018 council and board meetings will be December 5. There are no meetings in June, when the Annual Meeting is conducted. The Council meets at Spring Meade in Tipp City at 10:00 a.m. The Board meets at the agency in Dayton at 4:00 p.m.

The Advisory Council, Board of Trustees, and county Councils/Coalition meetings are posted on the [Agency calendar](#).

Education & Events

[Healthy U Classes Resume in 2018](#)

[CEU Training Opportunities](#)

Healthy U workshops are offered throughout our nine-county region to help people learn strategies to manage their chronic conditions and feel healthier. These six-week, interactive workshops are for adults of any age, and for caregivers.



Agency-sponsored continuing education credit courses are being developed for 2018. Coming up on March 20 in Dayton:

- Ethical Considerations: Setting Boundaries in Relationships for the Helping Professional
- Increasing Our Knowledge & Skill Set Around the Opioid Epidemic

Learn more about these evidence-based programs and see when upcoming [workshops](#) are scheduled near you.

Check our Agency [website calendar](#) regularly for updates on upcoming training opportunities.

Dimensions of Dementia Forum, Symposium Coming March 15-16

Registration is now open for the Dimensions of Dementia community forum on March 15 and all-day professional symposium on March 16. Both events are sponsored by the Alzheimer's Association Miami Valley Chapter and held at Sinclair Community College's David H. Ponitz Center.

The forum will be 5-7:30 p.m. on March 15 and feature a resource fair, dinner and keynote speaker Sandy Markwood, CEO of the National Association of Area Agencies on Aging and co-chair of Dementia Friendly America. The symposium on March 16 will run from 8 a.m. to 4 p.m. with breakfast, lunch, breakout sessions, and motivational speaker, caregiver, and author Loretta Woodward-Veney.

[Read more...](#)

Save the Dates

- [Dementia Education Day](#), Feb. 10, Alzheimer's Association Miami Valley Chapter
- [Forum on Aging](#), March 13-14, Southwestern Ohio Council on Aging, Cincinnati
- [Aging in Ohio Workshop](#), March 21, Mid-Ohio Foodbank, Grove City

Additional Resources



Help Available for Winter Utility Bills

Ohio has several energy assistance programs to help low income Ohioans with paying their utility bills. Learn more about the Home Energy Assistance Program (HEAP), Percentage of Payment Plan Plus (PIPP Plus), and Winter Crisis Program.

[Read more...](#)



Protect Yourself from the Flu

Ohio is in the grips of a rough flu season, and the Center for Disease Control (CDC) states that the risk of flu complications increases for people age 65 and older, including flu-related hospitalizations. [Read more](#) for tips from the Ohio Department on Aging about protecting yourself and others.

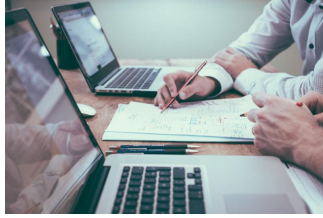
Tax Preparation Help for Seniors

TCE is Tax

Caring for Caregivers

If you have a

Counseling for the Elderly, a program offering free tax help for all taxpayers, particularly age 60 and older, specializing in questions about pensions and retirement-related issues unique to seniors. These IRS-certified volunteers are often retired individuals associated with non-profit organizations that receive grants from the IRS. Learn how to find a TCE program near you and prepare for your appointment. [Read more...](#)

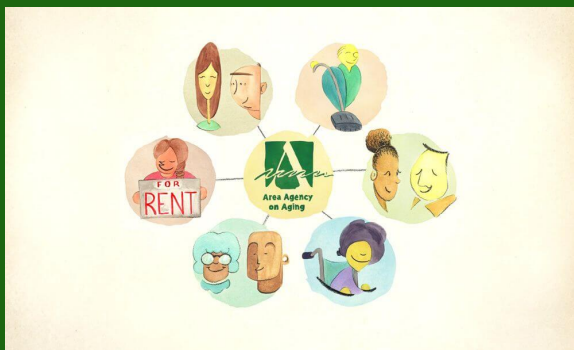


caregiver in your family or among your friends and neighbors, help them by naming a tangible, specific offer. Caregivers as a population frequently do not focus on themselves and are also frequently hesitant to ask for help. Therefore, consider some chores that will help them out and suggest specific actions: [Read more...](#)



(937) 223-HELP

1-800-258-7277



You have questions.

We have answers.

Contact us to arrange a free visit and see how we can help you.

Helping adults remain in their homes with independence and dignity.

[WEBSITE](#) [ABOUT](#) [PROGRAMS](#) [EDUCATION](#) [CONTACT](#)

Serving seniors and caregivers in Champaign, Clark, Darke, Greene, Logan, Miami, Montgomery, Preble and Shelby counties.

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