**Area Agency on Aging, PSA 2**

**Summary of Strategic Plan Goals and Objectives for 2019 -2022**

**GOAL 1. Access to Information and Advocacy Services:**

**Older Ohioans, adults with disabilities and their caregivers will be able to make person-centered decisions through seamless access to information and advocacy services.**

1. **Access to Information**
2. Continue an Agency advertising campaign which promotes a one-stop solution for older adults in our nine county area for information, assistance and connection to services and supports.
3. Identify and leverage available funding resources to expand and support a comprehensive ADRN, AAA front door.
4. Enhance regional partnerships with the Ohio Senior Health Insurance Information Program to further collaborate on ways to provide additional training and continued work in disseminating materials for low income eligible older adults to improve access to information about health insurance.
5. **Priority Populations**
6. Increase awareness and focus among the aging network about the unique needs of our priority populations (e.g., rural, low-income, low-income minority, limited English proficiency, Holocaust survivors, LGBTQ, disabled).
7. Establish and maintain partnerships with organizations that effectively represent Ohio’s priority, at-risk populations.
8. **Elder Abuse, Neglect and Exploitation**
9. Educate the aging network in incidence of and response to elder abuse, neglect and exploitation by self or others.
10. Participate in a statewide campaign to promote World Elder Abuse Awareness Day.
11. Increase awareness of social and geographical isolation among older adults.

**GOAL 2. Population Health:**

**Educate and empower older Ohioans, adults with disabilities and their caregivers to live active, healthy lives to maintain independence and continue to contribute to society.**

1. **Chronic Disease Management and Prevention**
2. Enhance awareness and promotion of chronic disease self-management programs, and expand the capacity of sites and trainers to deliver these programs.
3. Develop program referral partnerships with health providers and health care systems to increase attendance.
4. **Nutrition**
5. Take steps to address food insecurity and malnutrition in older adults.
6. Maximize use of current nutrition services programs including home-delivered and congregate meals.
7. **Dementia**
8. Engage with the Alzheimer’s Association, Miami Valley Chapter, and other community partners to develop and sustain an education and training infrastructure that supports the needs of persons living with dementia, as well as paid and unpaid caregivers.
9. **Falls prevention**
10. Strengthen existing falls prevention activities, identify opportunities for new initiatives, and continue the educational campaign to reduce the risk of falls for older Ohioans.
11. **Pain Management**
12. Support increased use of alternative interventions that older adults can use to manage their chronic pain without the use of controlled substances.
13. **Mental Health**
14. Take steps to increase the awareness of the need for mental health resources and services for older Ohioans.
15. Raise awareness of older adult suicide risks and educate/encourage adoption and utilization of strategies to aid in the prevention of suicide.
16. **Substance Abuse and Addiction**
17. Support increased access to the resources and services needed by older adults to better prevent and manage substance abuse and addiction.

**GOAL 3: Caregivers**

**Ohio’s caregivers have access to resources and services to enable them to continue to provide care for their loved ones.**

1. **Caregiver Support**
2. Provide meaningful education and heighten awareness on caregiving issues.
3. Raise awareness of the needs of working caregivers.
4. **Kinship Care**
5. Provide information to support older adults in kinship situations to better care for themselves and their young loved ones.

**GOAL 4: Civic Engagement**

**Recognize and value older adults’ knowledge, social and economic contributions and establish opportunities for engagement in their communities.**

1. **Volunteerism**
2. Promote volunteer activities including intergenerational opportunities that support both older adults and community needs.
3. **Personal Growth**
4. Promote opportunities for continued personal growth and learning among older adults and the value that they bring to their communities.

**GOAL 5: Aging in Place**

**Enable older Ohioans, persons with disabilities and their caregivers to be active and supported in their homes and communities.**

1. **Care Management**
2. Provide comprehensive person-centered assessment and care services and supports that anticipate and address current and emerging needs as they arise.
3. **Workforce Capacity**
4. Support statewide campaigns and strategies that aim to increase and sustain the capacity of the direct care workforce.
5. **Transportation**
6. Participate in regional transportation planning and coordination to advocate for older persons.
7. Increase awareness and availability of information, resources and tools to improve older road user safety and mobility.
8. **Housing**
9. Advocate for programs and interventions that support safe and affordable housing, enabling older adults and persons with disabilities to age in place.
10. Support local governments and communities in planning for housing for older persons.
11. **Emergency Preparedness**
12. Coordinate with first responders to strengthen planning efforts that address the needs of vulnerable older adults during emergency events.
13. Educate older adults about the importance of planning for emergency events.
14. Establish and maintain the AAA consumer-focused emergency management plan and protocols.