Registration Form Caregiving 2018	info4se	access of the second
Nov. 14, 2018, 12:45pm-4pm Aullwood Audubon Farm	info4seniors.org	Area Ag 40 W. 2r (937) 34
Registration deadline: Nov. 7 Fee is \$40.	org	nd St. 11-300
Registrations postmarked on or after the deadline are accepted if space is available, and must include a \$10 late fee.		/ on Aging, PS, , Suite 400 15402 00
Please Print		PSA 2
Name		
Address	Resource on Aging	
Phone	e on A	
Agency	ging	
Profession (LSW, LISW, RN, etc.)		
License No. (for CEUs)		
Payment must accompany your registration. <b>Make check payable to &amp; mail to:</b> Area Agency on Aging, PSA 2 <i>Attn: Fiscal Department</i>		
40 W. Second Street, Suite 400 Dayton, OH 45402	223	
<b>NOTE: \$20 fee for returned checks</b> For additional information, call (937) 341-3001.	223-HELP	



Area Agency on Aging, PSA 2

# Caregiving 2018:

The Changing Roles of Family Caregivers & Strategies to Support Them

nurturing		
love	caring	
empathy		
relating	understanding	
comr	nunication	

12:45 p.m. - 4 p.m. Registration begins at 12:00 p.m.

November 14, 2018 Aullwood Audubon Farm 9101 Frederick Pike Dayton, Ohio

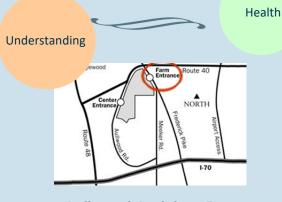
## **PURPOSE**

#### Empathy

Caring for aging family members can be a rewarding and gratifying experience depending on varying issues including the caregiver's own health, financial resources, emotional resilience, and whether they are also raising children.

The profile of the family caregiver in America is changing as the population ages. While the 'typical' family caregiver is a 49-year-old woman caring for a relative, caregivers on the whole are becoming as diverse as the American population.

This workshop looks at caregiving in the U.S. and how caregiver mindset directly impacts the experience. Tools & strategies for helping caregivers to maximize their ability to provide care for the duration will be highlighted.



Aullwood Audubon Farm 9101 Frederick Pike, Dayton, Ohio (937) 890-7360 Just south of the National Road/Frederick Pike intersection

### PRESENTER

#### Communication

Jennifer 'Jen' Spicer, PC, LSW completed Master Training for the Powerful Tools for Caregivers program and has worked with older adults since 2003. She holds a Bachelor's degree in Social Work from Bowling Green State University, and a Master's degree in Clinical Pastoral Counseling from Ashland Theological Seminary. Jen spent 15 years in social work for Worthington Christian Village, SourcePoint, and HCR ManorCare, before recently joining Capital City Hospice as Chaplain.

She is also owner, coach, and presenter for Growmentum, a company founded in 2014 committed to motivating individuals, businesses, and professionals to identify their individual strengths and transform goals into reality.

Caring

Resilience

### **CONTINUING EDUCATION**

- 3.0 clock hours for social workers, #RSX089101
- •The Ohio Board of Nursing accepts events approved for counselors and social workers for continuing nursing education.
- All registrants who require CEUs must sign in and write in time of arrival. Late arrival or leaving early results in time modification of CEU certificate.

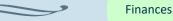
#### **OBJECTIVES**

Participants will :

•Discuss the complex & changing role of family caregivers, and the current demographics of caregiving in the U.S.

Relating

- •Describe how mindset impacts the caregiving experience.
- •Identify three caregiving strategies to assist family caregivers.
- Explain what is meant by Positive Psychology and how it applies to caregivers.



#### **FUTURE WORKSHOPS**

Visit our website for information on future training opportunities. You may also register to receive email notification when new brochures are posted.

#### www.info4seniors.org

# CANCELLATION

<u>Cancellation for refund</u> must be received no later than October 31.

Nurturing

Funded, in part, by a Title III grant from the Ohio Department of Aging. The Area Agency on Aging, PSA 2 is non-discriminatory in services and employment.