

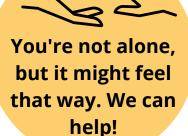
is in your hands! You have a big role to play in your own health & wellness.

Healthy Living with Diabetes workshops provide skills and new habits to help take better control of your health, and keep doing what matters to you most.



9:00 am - 11:30 am

6 weeks for a lifetime of opportunities. Week-by-week, you'll learn what works best for you



Clark County Combined Health District

To register or if you have any questions, contact:
Clark County Combined Health District, (937) 390-5600 ext. 293
or email, lsauers@ccchd.com. A campus map is on back of this flyer.

This program was created by the: