

Registration Form

Understanding Suicide Among Older Adults: Protective Factors, Prevention & Resources

June 11, 2025: 9am-12:15pm

Registration deadline: June 7

Call or email Kelsey Snowden by
June 7 to confirm registration.

Please Print

\$40 for CEUs **\$20 without CEUs**

Name _____

Address _____

Phone _____

Email _____

Agency _____

Profession (LSW, LISW, RN, etc.) _____

License No.* _____

Required for Social Workers

Payment must accompany your registration.
Make check payable to & mail to:

**Area Agency on Aging, PSA 2
Attn: Fiscal Department/CEU Training
40 W. Second Street, Suite 400
Dayton, OH 45402**

NOTE: \$20 fee for returned checks.



937-223-HELP
www.info4seniors.org
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**40 W. 2nd St., Suite 400
Dayton, OH 45402
(937) 341-3000**

Funded, in part, by a Title III grant
from the Ohio Department of Aging.
The Area Agency on Aging, PSA 2 is
non-discriminatory in services and
employment.

Understanding Suicide Among Older Adults:

Protective Factors, Prevention & Resources



**June 11, 2025
9am-12:15pm
3.0 CEUs**

**Sign-in required between
8:30am and 9:00am.**

**Area Agency on Aging, PSA 2
Continuing Education Workshop**



Purpose:

According to the National Council on Aging, while older adults are roughly 16.8% of the U.S. population, they make up approximately 22% of suicides. Suicide is one of the leading causes of death in the U.S. and it is not just a preventable tragedy but a growing public health crisis. Suicide rates are higher in older adults for many reasons, including depression, grief, chronic illness, being confined to the home and loneliness.

Attendees will explore how the stigma that surrounds both aging and mental health has resulted in suicide rates among those over the age of 65 that exceed any other age demographic, what the unique warning signs among this group look like, methods to reduce older adult suicide and what resources are available locally and nationally.

Presenters:

Sandy Williams, Esq., is passionately engaged in suicide prevention and awareness activities in Ohio. After losing her father to suicide in 2011, she has been committed to removing the stigma surrounding mental health issues affecting older adults. Ms. Williams is a licensed attorney, past Chair of the Board of Directors of the Ohio Suicide Prevention Foundation and President of Jerry's Walk - Illuminating Suicide Awareness.

Jason Hughes is a program manager and veteran liaison for the Ohio Suicide Prevention Foundation and manages the first responder Question, Persuade, and Refer (QPR) training. Mr. Hughes served in the U.S. Army for 22 years and has since channeled his passion for suicide prevention into various roles and initiatives.

Continuing Education:

- 3.0 clock hours for social workers, **#RSX089101**.
- The Ohio Board of Nursing accepts events approved for counselors and social workers for continuing nursing education.

All registrants who require CEUs are required to sign in. Late arrival or leaving early results in time modification of CEU certificate.

Objectives:

Participants will be able to:

- Educate attendees about relevant **suicide statistics** and understand suicide as a **public health issue**.
- Discuss how **stigma** and **ageism** combine to raise suicide rates among older adults.
- Discuss the **unique suicide warning signs** that appear among **older adults** and recognize someone **at risk for suicide**.
- Discuss **suicide prevention** activities aimed specifically at older adults.
- Learn how to **Question, Persuade** and **Refer** someone who may be suicidal.

This workshop takes place on Zoom. A link and any handouts will be emailed the day before the workshop. Attendance is required for CEU credit.

Cancellation:

Cancellation for refund must be received no later than **June 7**.

Questions:

Questions can be directed to **Kelsey Snowden** at **ksnowden@info4seniors.org** or **937-341-3020**.

Future Workshops:

Visit our website for information on future training opportunities. You may also register to receive email notifications when new brochures are posted.

www.info4seniors.org