Registration Form

Food Insecurity Touching Older Adults: Finding the Next Meal

Nov. 5, 2025: 9am-12:15pm

Registration deadline: Nov. 3
Call or email Kelsey Snowden by November 3 to confirm registration.

Please Print

$40 for CEUs ☐   **$20 without CEUs** ☐

Name _____

Address _____

_____

Phone _____

Email _____

Agency _____

Profession (LSW, LISW, RN, etc.)_____

License No.* _____
Required for Social Workers

Payment **must** accompany your registration.
Make check payable to & mail to:

Area Agency on Aging, PSA 2
Attn: Fiscal Department/CEU Training
40 W. Second Street, Suite 400
Dayton, OH 45402

NOTE: $20 fee for returned checks.

OHIO
ASSOCIATION OF FOODBANKS

LifeCare Alliance

LOGAN COUNTY JOB & FAMILY SERVICES

AREA AGENCY ON AGING

937-223-HELP
www.info4seniors.org
Support is Our Strength.

40 W. 2nd St., Suite 400
Dayton, OH 45402
(937) 341-3000

Funded, in part, by a Title III grant from the Ohio Department of Aging. The Area Agency on Aging, PSA 2 is non-discriminatory in services and employment.

Food Insecurity Touching Older Adults:
Finding the Next Meal

November 5, 2025
9am-12:15pm
3.0 CEUs

Sign-in required between 8:30am and 9:00am.

Area Agency on Aging, PSA 2 Continuing Education Workshop

Purpose:

In 2022, over 17 million people in the United States experienced food insecurity, with roughly 7 million of those being older adults. Without access to healthy foods, older adults can have a more difficult time leading a healthy and active lifestyle with harmful outcomes such as lower nutrient intakes, poorer health outcomes, mental health issues and more.

Attendees will learn about food insecurity, what it is on a local and national level, what the impact of food insecurity is, what resources exist for individuals to get access to food including SNAP benefits, congregate meals, home-delivered meals and more.

Questions:

Reach out to **Kelsey Snowden** at **ksnowden@info4seniors.org** or **937-341-3020.**

Presenters:

Joree Novotny began as executive director at the Ohio Association of Foodbanks in 2023 after 13 years in progressive roles at the association, including managing communications, grants and contracts, and public policy as director of external affairs and most recently, serving as chief of staff.

Cynthia Heffner, Esq., has worked at the Logan County Department of Job & Family Services for over 20 years and has been the Director of Logan County JFS since 2016. Heffner is the chairperson of the Logan County Senior Services Coalition, gathering organizations to learn, share and expand services for older adults.

Leah Bunck, LSW, MSW, serves as the Director of Nutrition Services at LifeCare Alliance and handles operations for one of the largest home-delivered meal and congregate meal programs in the country. Bunck is passionate about revolutionizing the way nutritional services are delivered to older adults.

Future Workshops:

Visit our website for information on future training opportunities. You may also register to receive email notifications when new brochures are posted.

www.info4seniors.org

Objectives:

Participants will be able to:

- Understand what food insecurity is and its recent trends.
- Understand the factors, prevalence and impact of food insecurity on older adults in Ohio and nationally.
- Understand the need for the SNAP program and be able to assist consumers in applying.
- Understand the range and importance of senior nutrition programs.
- Gain practical knowledge on how to refer individuals to programs and resources.

Continuing Education:

- 3.0 clock hours for social workers, **#RSX089101.**
- The Ohio Board of Nursing accepts events approved for counselors and social workers for continuing nursing education.

All registrants who require CEUs are required to sign in. Late arrival or leaving early results in time modification of CEU certificate/credit.

This workshop takes place on Zoom. A link and any handouts will be emailed the day before the workshop. Attendance is required for CEU credit.

Cancellation:

Cancellation for refund must be received no later than **November 3**.