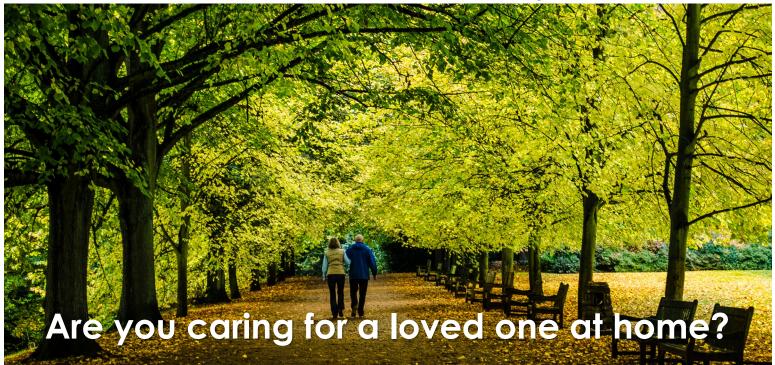
Caregiver Retreats

Saturday, November 9 | 10 am - 2 pm | Aullwood Audubon Farm 9101 Frederick Pike, Dayton Thursday, November 14 | 4:30 - 8 pm | Years Ahead Health Cente

Thursday, November 14 | 4:30 - 8 pm | Years Ahead Health Center 6661 Clyo Road, Centerville



Being the primary support for a loved one who is vulnerable or who has a disability can be a consuming and sometimes overwhelming experience. Join us for these free events to share with other caregivers and professionals to discuss common issues, share ideas, and learn more about supportive services.

- Participate in a panel discussion including a Geriatrician, Elder Law Attorney, Social Worker, and Hospice Social Worker
- Visit resource fair of local social service agencies
- Enjoy a healthy meal, plus relaxing and fun activities and crafts.





Alzheimer's Association Miami Valley Chapter A light & healthy meal will be served at both events thanks to sponsorship from the Kettering Health Network.

Registration is required.

To register, please call the Kettering Health Network Call Center at (937) 558-3988 and indicate which Caregiver Retreat date you will attend.

Please RSVP by November 1.

Sponsored by:

- The Area Agency on Aging, PSA 2
 - The Kettering Health Network
 - Alzheimer's Association-Miami Valley Chapter

Recognizing November as National Family Caregivers Month